

Notice to Maritime Paddlers

Canoe Dance Weekend-Workshop — July 18/19

Location Lily Lake
City of Saint John, NB
Restaurant and camping nearby (within walking distance)

Day 1 ***Focus:** Individual Technique. Canadian-style paddling maneuvers taught by ORCKA – for solo or tandem canoes, as used in Canoe Dance. See <http://home.cogeco.ca/~canoedance/pages/technique.html>. This workshop is a relaxed promotion sanctioned by CKNB, and is not a certification course.*

Day 2 ***Focus:** Group skills. The idea is to use those individual skills in which ever canoes you wish --solo, tandem or six or nine man big-canoes. This is an opportunity for clubs to develop group routines and perhaps compete at running the English gate.*

Instructors **Gordon Haggert** an Ontario Recreational Canoeing and Kayaking Association (ORCKA) Canadian-Style Paddling and Canoe Tripping Instructor will lead the Canoe Dance workshop.

Gig Kierstead , CKNB Lake-water and Tripping Instructor, will be available if there is a requirement for focused parallel clinics in Lake-water stroke improvement, especially for those from other paddling disciplines.

When/where: 9:00 to 5:00 Saturday July 18 ; and/or 9:00 to 3:00 Sunday July 19 on Lily Lake, Rockwood Park, Saint John. Indicate interest to egyoung@nbnet.nb.ca by July 01, the cancelation date. The Pavilion restaurant offers 10% discounts on meals, and there is hiking and biking for the non-paddlers.

Prices and registration The fee does not cover gear.

- Workshop: \$85 for both days; **\$45 for either day alone**
- Canoe rental: A few are available at \$50 for the weekend (Friday to Sunday) **if reserved by July 10**. There-after canoes are available from Yennah Hurley (Day-Tripping) at the Pavilion at the day rate of \$50/day first come basis.

Experience All disciplines are welcome; Solo experience is recommended. . **See the CKNS and CKNB websites and the Paddle Canada web-site for helpful courses. Check with the local paddling clubs for informal or formal in-house practice sessions.**

CKNB: www.canoekayaknb.ca

CKNS: <http://myweb.dal.ca/jdripley/>

Fundy Paddling Club: <http://fundypaddlersclubinc.com/> 658 0434

Paddle Canada: www.paddlingcanada.com